



## THE RELATIONSHIP BETWEEN SELF-PERCEIVED CHANGES IN PERSONALITY TRAITS AND FUTURE ANXIETY AMONG STUDENTS: THE ROLE OF PSYCHOLOGICAL FLEXIBILITY AND LONELINESS

### ABSTRACT:

Changes in personality traits significantly influence individuals' overall behavior, including their thoughts and expectations about the future. This research aims to examine whether self-perceived changes in personality traits affect students' negative thoughts about the future. Additionally, the study will explore whether psychological flexibility and loneliness further impact future anxiety, moderating the effect of self-perceived personality changes.

The study will employ a cross-sectional design, collecting data from a student population. Moderation analysis will be used, with self-perceived personality changes as the independent variable, psychological flexibility and loneliness as moderators, and fear of the future as the dependent variable.

### KEY FACTS:

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> BACHELOR THESIS     | <input type="checkbox"/> MASTER THESIS |
| <input checked="" type="checkbox"/> EMPIRICAL           | <input type="checkbox"/> THEORETICAL   |
| <input checked="" type="checkbox"/> NEW DATA COLLECTION | <input type="checkbox"/> EXISTING DATA |

SUPERVISOR: Đorđe Čekrlija

IDEAL STARTING POINT: January or February 2025.